



Employee Update – December 9, 2020

The Office of Human Resources Management (OHRM) will issue periodic *Employee Updates* to Prince George’s County Government employees regarding personnel policies and procedures, professional development opportunities, and employee benefits information.

Stay Informed:

Employee Info from Human Resources	County Updates on COVID-19	Tweets from the County Executive	Tips and Info for Working Remotely
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Level Up Receives 2020 Cigna Well-Being Award

Cigna has selected **Prince George’s County’s [Level Up Program](#)** as a recipient of the 2020 Well-Being Award, recognizing our passion and investment in employee health.

This award highlights companies in various industries that change the workplace culture through leadership, organizational foundation, policy and environment, program implementation, and participation. Clients receiving a Well-Being Award each demonstrate a strong commitment to improving the health and well-being of their employees. This requires a significant investment and allocation of resources for a return that isn’t always easy to measure. It requires the belief that supporting individuals in their personal health journey is more valuable to the bottom line than a measurable line item.

**CIGNA
WELL-BEING
AWARD 2020**

Cigna recognizes these companies for their Outstanding Culture of Well-Being.

OUTSTANDING



HOWARD UNIVERSITY

HONORABLE




#CignaMidAtlantic



Thank You

The *Level Up* team and the Office of Human Resources Management would like to thank all Prince George's County employees for their active engagement in the employee wellness program this year. We know that 2020 has been challenging and finding the motivation to put your well-being first hasn't been easy. We modified our programming and you put in the time and the work to participate in our virtual dance and cooking classes, and you encouraged each other to keep working toward your goals.

We'd also like to thank the Level Up Wellness Champions—those volunteers in the agencies, who help promote the program and develop creative wellness initiatives for the workforce. We appreciate and recognize your efforts to make our wellness program a success.

Your support and commitment to embracing a healthy lifestyle have helped us move one step closer toward making Prince George's County one the healthiest places to work.



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