



February is American Heart Month. According to the [American Heart Association](#), American Heart Month is a federally designated event that encourages Americans to focus on their heart health and get their families, friends and communities involved.

- Heart disease is the leading cause of death for men, women, and people of most racial and ethnic groups in the United States.
- One person dies every 36 seconds in the United States from cardiovascular disease.
- About 659,000 people in the United States die from heart disease each year—that's 1 in every 4 deaths.

SHOW YOUR HEART SOME LOVE and [register for these upcoming webinars!](#)

A special thank you to everyone who showed their support for [Go Red for Women](#) by wearing red on Friday, February 2!

- Health Department
- Office of Ethics & Accountability
- Office of Management & Budget







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