

Online Physical Activity Challenge:

Walktober

WALKT[™]BER

Get Your Walk On!

Time to start [Walktober-ing](#)! You can begin logging activity today and take advantage of all the fun features:

- Go to the Friends page to send or accept invitations
- Visit Leaderboards for some healthy competition
- Check the Wall to see what's trending

Step out and up to feel your best. Revitalize your life with the joy of movement!

Don't forget, household members 13 years and above can participate, too! *

Level Up is switching it up with the prizes. We want everyone to have an opportunity to win and remain engaged! We will award participants in the following categories:

- **Individual Competition Winners**
Apple iPad (1st Place), Apple Watch (2nd Place), and Apple AirPods Pro (3rd Place)
- **Random Registration Drawing**
Two lucky participants will be drawn at random to win an Apple HomePod mini
- **Weekly Prizes**
A \$50 gift card will be awarded to one lucky participant each week
- **Team Prizes**
A \$50 gift card will be awarded to each member of the team who wins 1st place in this challenge

*Household members are not eligible to receive incentives/prizes – only Prince George's County Government employees.