

# SYSTEM OF CARE

Improving mental health outcomes for children and youth at risk for child welfare and juvenile justice involvement.

## WHO WE SERVE

Children and youth, age 5 through age 21, at risk for or with serious emotional disturbances (SED), and their families.

## BENEFITS OF PARTICIPATING

- Comprehensive Assessment of Needs
- Person-Centered Care
- Individualized Treatment Planning
- Highly effective treatments/interventions
- Age appropriate, culturally, and linguistically competent services
- Data-driven, measurement-based care

Brought to you in partnership with the System of Care Program funded by SAMHSA. If you or your loved ones are experiencing depression, anxiety, thoughts of suicide, or dealing with another type of mental health concern, please call 988.

## CONTACT US

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HEALTH  
DEPARTMENT  
Prince George's County



MARYLAND FAMILY  
RESOURCE, INC.

**SAMHSA**  
Substance Abuse and Mental Health  
Services Administration

## WHAT TO EXPECT

- Diagnostic Assessment
- Psychiatric Services including Medication /Evaluation/Medication Management
- Clinical Staffing
- Referrals
- Individual, Family, and/or Group Psychotherapy
- Psychiatric Rehabilitation Programs
- Evidence-based Interventions:
  - Trauma-Focused Cognitive Behavioral Therapy
  - Trauma Systems Therapy
  - Trauma Recovery
  - Empowerment Model

## OUR PARTNERS

[Maryland Family Resource](#)

[Maryland Coalition of Families](#)

[Synergy Family Services](#)

[NAMI Prince George's County](#)