

In the Moment Support Counseling

Immediate help from a counselor is just a phone call away with telephonic counseling provided as part of your Employee Assistance Program. These telephonic counseling sessions can be scheduled at a time that is convenient for you. Call from the privacy of your home or office and one of our qualified counselors will help you address challenges that are making it difficult to manage at work or at home.



SUPPORT



ASSISTANCE



GUIDANCE

The session is free to you and your household and is completely confidential.

Your EAP services are available 24/7

Contact Us:

TOLL-FREE: 800.346.0110

www.inova.org/eap

Username: Prince

Password: George

