

STEP IT UP

ON WALK MARYLAND DAY

WEDNESDAY
OCTOBER 7TH, 2026

5:00 PM – 7:30 PM
TUCKER ROAD ATHLETIC COMPLEX
(LOCATED NEAR BASKETBALL COURTS)
1770 TUCKER ROAD, FORT WASHINGTON, MD 20744

Get moving with us for a fun-filled day of music, movement, and wellness! Enjoy great music, a guided walk, free raffles, and free health and wellness resources for the whole family. Every step counts. Bring your family and friends and Step It Up with us!

Elevate PRINCE GEORGE'S
One County United

Aisha N. Braveboy
County Executive

PRINCE GEORGE'S COUNTY HEALTH DEPARTMENT

WPGC 95.5 FM
THE DMV'S HIP HOP AND R&B