HEALTHY TRANSITIONS

Elevate PRINCE GEORGE'S One County United

Aisha N. Braveboy, County Executive

PRINCE GEORGE'S COUNTY HEALTH DEPARTMENT

SAMHSA
Substance Abuse and Mental Health Services Administration

MCF
maryland coalition of families

Maryland Coalition of Families (MCF) is the first and only statewide nonprofit organization that offers family peer support to people and families who have a loved one experiencing mental health, substance use, or problem gambling challenges.

WHO WE SERVE

MCF will provide peer support to young adults, ages 18-26 years, with mental health or substance use challenges who reside in Prince George's County.

WHAT TO EXPECT

We totally get it – navigating life's crazy maze and getting the help you need can be a real challenge, especially when it comes to supporting the people we care about. But guess what? We've been there, done that, and we're here to lend a hand.

Whether you're looking for someone to talk to one-on-one, want to join a support group, or need some insights from workshops or trainings, we've got your back. And the best part? It's all super confidential, and you won't have to worry about breaking the bank because it's totally free, no matter what your income or insurance situation is.

BENEFITS OF PARTICIPATING

As Maryland's primary provider of family peer support we can help families:

- **Navigate systems of care that are often complicated, frustrating and confusing.**
- **Find and access resources, services and programs for yourself or your loved one.**
- **Connect with families experiencing similar challenges to build natural bonds and support systems.**
- **Gain a better understanding of the challenges your loved one faces and identify a path forward.**

OUR PARTNERS

Maryland Family Resource

Maryland Coalition of Families

iMind Behavioral Health

Brought to you in partnership with Healthy Transitions funded by SAMHSA. If you or your loved ones are experiencing depression, anxiety, thoughts of suicide, or dealing with another type of mental health concern, please call 988.

CONTACT US

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