

# Level Up

Elevate your total well-being.

Prince George's County Government | Employee Wellness Program

WUNSUPONA

## Prince George's County Government Resiliency Day

**10am-3pm**

**1400 McCormick Drive, Largo MD**

Get ready to unwind and recharge with our relaxing Chill sessions. Chill is a guided relaxation experience that indulges your senses and will take you on a journey of tranquility & focus leaving you feeling refreshed and rejuvenated.

SAVE THE DATE

**May 7<sup>th</sup>**

**10am-3pm**

here

**Sign up for  
Chill Immersion**

...or here



<https://m.signupgenius.com/#!/showSignUp/10C0A4DACAFA2DA1FDCE9-56085989-prince>