



# It's time to relax & Chill

Relax. Release. Reset.

Enjoy a deeply calming experience combining guided relaxation, traction massage mats, and soothing aromatherapy. As your body gently releases tension, your mind can fully unwind—creating space for true rest and rejuvenation.

Leave feeling lighter, grounded, and refreshed.

SAVE THE DATE

**May 6<sup>th</sup>**  
**10-2pm**

here  
Sign up for  
Chill Immersion  
...or here



<https://www.signupgenius.com/go/10C0944AAAD2DAAFAC43-63003118-prince>