

**Please Join Us in Celebrating Good Health!**

**WELL-BEING AWARENESS WEBINAR**

**EMOTIONAL INTELLIGENCE**

**FEBRUARY 20<sup>TH</sup>**

**12:00PM – 1:00PM ET**

**Learn about...**

- Tangible ways to strengthen self-awareness and self-regulation
- Improving social communication and empathy
- Connecting with yourself and others on a deeper level

**Click Here to Register**

To test the software prior to this webinar, go to: <https://zoom.us/test>

