

# HEALTHY TRANSITIONS



HEALTH DEPARTMENT  
Prince George's County



**SAMHSA**  
Substance Abuse and Mental Health  
Services Administration



Prince George's County is committed to expand access to appropriate services and supports to Transition-Age Youth.

## WHO WE SERVE

- Prince George's County residents ages 16-25
- Transition-Age Youth who have or are at risk of developing serious mental health conditions
- Transition-Age Youth entering or ageing out of foster care

## WHAT TO EXPECT

- A Transition Specialist will meet with each participant to complete a needs-based assessment
- The Transition Specialist will collaborate with the participant to create a strengthbased individualized care plan
- Referrals to appropriate services, such as behavioral health treatment and supported employment will be made
- Participation in Youth Move national initiative
- A unique experience for participants to use lived experience to advocate for positive system changes

## BENEFITS OF PARTICIPATING

- **Needs based assessments**
- **Strength-based individualized care plan**
- **Youth educational and enrichment activities**
- **Employment assistance**
- **Peer support**
- **Behavioral health services**

## OUR PARTNERS

[Maryland Family Resource](#)

[Maryland Coalition of Families](#)

[iMind Behavioral Health](#)

Brought to you in partnership with Healthy Transitions funded by SAMHSA. If you or your loved ones are experiencing depression, anxiety, thoughts of suicide, or dealing with another type of mental health concerns, please call 988.

## CONTACT US

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