



April is National Financial Literacy Month!

Sometimes the biggest source of stress in our lives isn't the work we do, it's the financial decisions we carry with us long after the workday ends. April is Financial Literacy Month, the perfect time to pause and ask ourselves an important question: *Are we working for our money, or is our money working for us?*

[Financial Wellness](#) plays a powerful role in our overall well-being, which is why it's one of the five Dimensions of Wellness for Level Up. When we build healthier habits with money, we reduce stress, increase stability, and create more freedom to focus on what matters most.

To help you take that next step, we have dedicated the week of April 13-17, 2026, as Financial Wellness Week! We will be hosting a variety of webinars designed to help you spend smarter, save better and build stronger financial habits. These sessions will give you practical strategies you can start using right away. **Join us at noon** for these valuable webinars sponsored by the [Inova Employee Assistance Program](#).

Mark Your Calendars!

- **Money Monday** – [April 13: Spend Smarter, Save Better](#)
- **Wealth Wednesday** – [April 15: Living Off Your Paycheck](#)
- **Financial Friday** – [April 17: Building Good Credit and Improving Your Credit Score](#)



Everything is better with prizes, right?

Level Up will raffle off **three items for each webinar event**:

- **One \$100 Gift Card**
- **Apple HomePod Mini**
- **Alexa Echo Dot**

To be entered into the random drawing, you must register and attend at least one (1) webinar. Prize winners will be announced during the weekly Wellness Wednesday newsletter.

Office of Human Resources Management
Level Up – Employee Wellness Program
1400 McCormick Drive, Suite 110
Largo, MD 20774
LevelUp@co.pg.md.us



OHRM
Office of Human
Resources Management