

April is National Financial Literacy Month!

National Financial Literacy Month is recognized in the United States in April to highlight the importance of financial literacy and teach individuals how to establish and maintain healthy financial habits. This month also encourages you to review your finances and improve them.

Financial literacy is the ability to effectively use financial skills, which includes personal financial management, investing, and budgeting.

As <u>Financial Wellness</u> is one of Level Up's 5 dimensions, we want to remind you that your financial health is an essential aspect of your life and greatly affects your overall well-being. Money may not buy happiness, but it can give you the freedom to live a life you enjoy—all it takes to get there is a few small steps in the right direction.

We have dedicated the week of April 15-19, 2024, Financial Wellness Week! We are encouraging you to invest in your financial well-being. Join us at noon for these valuable webinars.

Register Today!

- Money Monday April 15: Financial Health: Over 50
- Wealth Wednesday April 17: Unlock the Secret to Financial Wellbeing
- Financial Friday April 19: Financial Health: Under 50

Everything is better with prizes, right?

At the end of Financial Wellness Week, Level Up will raffle off **three (3) \$100 Gift Cards**:



To be entered into the random drawing, you must register and attend at least one (1) webinar. Prize winners will be announced during the April 24 Wellness Wednesday articles. Prizes will be distributed at the end of the month.



