



Please Join Us in Celebrating Good Health!

NUTRITION AWARENESS WEBINAR

SOLUTIONS FOR HEART HEALTH

FEBRUARY 12TH

12:00PM – 1:00PM ET

Learn about...

- How to manage and/or prevent diabetes and heart disease through simple strategies
- Risk factors that CAN or CANNOT be changed
- Biometrics... knowing your numbers and what they mean
- Lifestyle changes for optimal health and disease prevention!

Click Here to Register

To test the software prior to this webinar, go to: <https://zoom.us/test>

