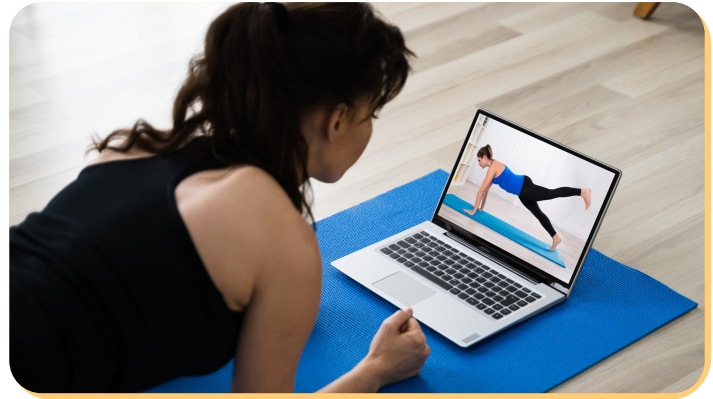


THRIVE TOGETHER

WELCOME TO BURNALONG



Level Up
Elevate your total well-being.



ABOUT BURNALONG

Burnalong features 1000s of online classes for all ages, interests, and levels plus the social motivation needed to achieve health and wellness goals. Classes are from 1000s of local, credentialed instructors across 45+ wellness categories.

THE BURNALONG SOLUTION

1

Choice and diversity

Discover new wellness classes and instructors, plus personalized wellness programs, across 45+ categories.

2

Social connection

Get motivation from friends and family members you invite to join in live private group classes.

3

Personalization

Receive AI-powered guidance plus access anytime, anywhere – via phones, tablets, computers, & smart TVs.

45+ CATEGORIES

Spanning physical, mental, and financial wellness



Yoga



Fit Over 50



Arthritis



Adaptive
Workouts



Diabetes



Mindfulness



Nutrition



Seniors



Sleep



Parkinsons

 Activate your free account by visiting join.burnalong.com/pgcounty

burnalong