

ON THE ROAD OUTREACH PROGRAM

FREE Diabetes Classes

For Adults Age 18 and Over Diagnosed with Diabetes,
Family Members and Care Givers



Upcoming Class

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Wednesday, Aug 17, 2016
6:00 p.m. to 8:00 p.m.

Suitland Community Center
5600 Regency Lane
Forestville, MD 20747

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Even if you aren't at risk from diabetes, this a great opportunity to learn tips on how to lose weight and eat healthy.

Learn How To Manage Your Diabetes

Session Includes Free Lab Screening

Call Today to Register!

301-883-3545

TTY/STS Dial 711 for Maryland Relay

www.princegeorgescountymd.gov/sites/Health/Pages/diabetes-classes.aspx *register online here!*

Limited Seating Available!



Rubern L. Baker, III
County Executive



HEALTH DEPARTMENT
Prince George's County



DOCTORS COMMUNITY HOSPITAL



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