

## Resources for Supporting and Promoting the Well-Being of LGBTQ Youth

Youth who identify as lesbian, gay, bisexual, transgender, or questioning (LGBTQ) are overrepresented in foster care. These youth may experience discrimination and other negative outcomes while in care. This June, let the theme for this year's LGBTQ Pride Month, "Solidarity Through Pride," help guide attention to the LGBTQ youth and young people involved with the foster care system. Parents, resource families, and child welfare professionals can help protect this vulnerable population by providing support and acceptance.

There are many resources available that provide advice, guidance, and valuable information about mental and behavioral health, education, working with LGBTQ youth and families, and the particular risks these youth and families face. Check out the following resources for information and ideas on how to support LGBTQ youth:

- **Child Welfare Information Gateway** – [Resources for LGBTQ Youth in Out-of-Home Care \(web section\)](#)
- **American Psychological Association** – [Answers to Your Questions About Transgender People, Gender Identity, and Gender Expression](#)
- **Lambda Legal** – [Getting Down to Basics \(toolkit\)](#)
- **SAMHSA** – [Lesbian, Gay, Bisexual, Transgender, Queer, Intersex, and Two-Spirit \(LGBTQI2-S\) Resource Toolkit](#)

Your feedback is important. Be sure to let us know how we're doing by [taking our survey!](#) For more information, visit our [website](#), email us at [info@childwelfare.gov](mailto:info@childwelfare.gov), or call us toll-free at [1.800.394.3366](tel:1.800.394.3366).