

Session 3 – B



# Taste Testing Activity

## Pineapple Fruit Salsa with Tortilla Chips

Date needed: \_\_\_\_\_

School: \_\_\_\_\_

Teacher: \_\_\_\_\_ Room # \_\_\_\_\_

### Ingredients/Supplies

The Food Service will prepare a HIGH 5 Taste Testing Box which will include:

Items	Amounts
Pineapple fruit salsa	Container of 34 – 1/4 cup/serving
Tortilla chips	Container of 34 – 3 chips/serving
Small paper boats	34
2 oz. spoodle	2
Tong	1
Napkins	34
Small garbage bag	1



**HIGH 5 teachers should arrange a time with their school's Food Service Supervisor to pick up and return their own boxes to the kitchen.**

## Pineapple Salsa

### Ingredients:

- 1 1/2 cups fresh pineapple or canned, crushed pineapple
- 1 Tbsp. cilantro, chopped
- 1 Tbsp. fresh lime juice
- 1 Tbsp. sugar
- 1 tsp. ginger, fresh, minced
- Freshly ground black pepper, to taste.



Stir all the ingredients together, cover and chill until ready to serve. Keeps for two days.

**Serving suggestions:** Serve with tortilla chips or baked chicken.

Yield: 1 1/2 cups