

## Lessons Learned

### A Virtual Event to Inspire, Encourage & Motivate

The Level Up Team invites you to participate in **Lessons Learned**, a new virtual event that promotes mental well-being and focuses on stories of success, loss, perseverance, leadership, and teamwork. Please join us for a unique opportunity to explore stories that inspire, encourage, and motivate the County's workforce.

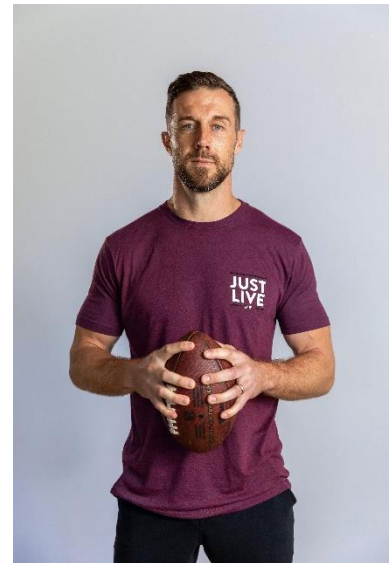
#### Lessons Learned with Alex Smith

Tuesday, November 16, 2021 at 11 a.m.

[Register online now!](#)

Lessons Learned is proud to launch this periodic series of events with **Alex Smith**, former NFL football quarterback for The Washington Football Team. Smith will sit down (virtually) for an interview with the Director of the Office of Human Resources Management (OHRM), Shawn Y. Stokes.

There is no better model for perseverance than Alex Smith. After suffering a life-threatening injury to his right leg that nearly resulted in amputation, Smith's return to the field is regarded as one of the most iconic moments in football history.



Smith would complete his comeback in October of the 2020 season and go on to appear in eight games earning a 5-1 record in his first six starts. His determination and success earned him the *NFL Comeback Player of the Year* honor. His story of triumph and return was documented in a special edition of ESPN's E60, Project 11 in May 2020, which highlighted how doctors and the Smith family had to make life-changing decisions due to a post-operative infection.

Now retired from football, Smith has showed no signs of slowing down as he recently joined ESPN's roster of on-air talent to contribute his expertise throughout the NFL season. Smith will have a role on Monday Night Countdown on select weeks, contribute to Sunday NFL Countdown and will also be part of ESPN's coverage of key tent pole events, such as Super Bowl LVI and the 2022 NFL Draft.

You don't want to miss this! Space is limited—[register now](#).

#### Questions

Please contact [LevelUp@co.pg.md.us](mailto:LevelUp@co.pg.md.us) if you have questions about *Lessons Learned*.

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