

ON THE ROAD OUTREACH PROGRAM FREE Diabetes Classes

For Adults Age 18 and Over Diagnosed with Diabetes,
Family Members and Care Givers



Upcoming Class

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Wednesday, July 13, 2016
6:00 p.m. to 8:00 p.m.

**Laurel-Beltsville
Senior Activity Center
7120 Contee Rd
Laurel, MD 20707**
.....

Learn How To Manage Your Diabetes

Session Includes Free Lab Screening

Call Today to Register!

301-883-3545

TTY/STS Dial 711 for Maryland Relay

www.princegeorgescountymd.gov/sites/Health/Pages/diabetes-classes.aspx *register online here!*

Even if you aren't at risk from diabetes, this a great opportunity to learn tips on how to lose weight and eat healthy.

Limited Seating Available!



Rubern L. Baker, III
County Executive



**HEALTH
DEPARTMENT**
Prince George's County



**DOCTORS
COMMUNITY
HOSPITAL**



**Parks &
Recreation**
M-N C P P C