



OCTOBER IS BREAST CANCER AWARENESS MONTH

DON'T DELAY. IF YOU'RE DUE FOR A MAMMOGRAM, SCHEDULE YOURS ON [KP.ORG](https://kp.org) TODAY.

A healthy lifestyle and timely screenings are your best defense against breast cancer. If you do have cancer, our doctors and care teams offer a comprehensive range of treatments and will personalize a plan for you. We're committed to caring for the whole you —body, mind, and spirit —at every point in your treatment.

#1 in the region

According to National Committee for Quality Assurance's Quality Compass® 2020, Kaiser Permanente leads Washington, D.C., MD, and VA in the number of breast cancer screenings and cervical cancer screenings performed for patients.

Get screened to catch cancer early

One in eight American women will develop breast cancer, so stay current on your screenings. If there's an abnormality, Kaiser Permanente will schedule you quickly for a diagnostic mammogram, ultrasound or biopsy, with rapid 24 to 48 hour breast pathology results.

The latest tech to screen and treat

Innovation is integral to our cancer care system, including fully digital 2D and 3D mammograms. Our radiologists provide results via kp.org within one hour Monday through Friday from 8 a.m. to 4 p.m., and the next business day on evenings and weekends.

FOR MEMBERS, IT ALL ADDS UP TO MORE CONVENIENCE AND FEWER SLEEPLESS NIGHTS.

REMEMBER TO REPORT ANY CONCERNS TO YOUR PHYSICIAN.

LEARN MORE AT [KP.ORG/BREASTCANCER](https://kp.org/breastcancer)

