

# ON THE ROAD OUTREACH PROGRAM

# FREE Diabetes Classes

For Adults Age 18 and Over Diagnosed with Diabetes,  
Family Members and Care Givers



## Upcoming Class

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Wed, June 15, 2016

6:00 p.m. to 8:00 p.m.  
Good Luck Community Center  
8601 Good Luck Road  
Lanham, MD 20706

## Learn How To Manage Your Diabetes

Session Includes Free Lab Screening

Call Today to Register!

**301-883-3545**

TTY/STS Dial 711 for Maryland Relay

[www.princegeorgescountymd.gov/sites/Health/Pages/diabetes-classes.aspx](http://www.princegeorgescountymd.gov/sites/Health/Pages/diabetes-classes.aspx) *register online here!*

Limited Seating Available!

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Even if you aren't at risk from diabetes, this a great opportunity to learn tips on how to lose weight and eat healthy.

