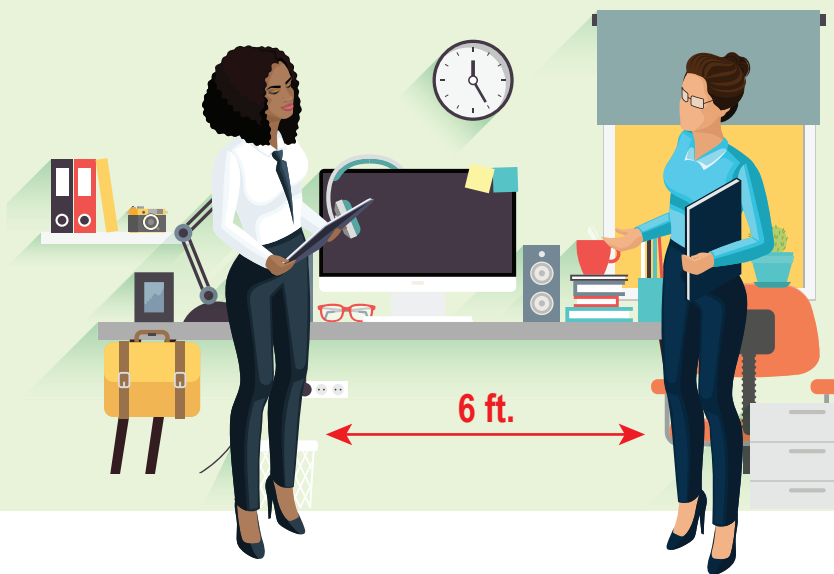


COVID-19 (Coronavirus)

Guide to Social Distancing

Here are a few steps you can take to protect yourself when you're in public settings.



1

**6 feet of safety
(2 meters)**

Stay approximately
6 feet away, or more
from others.

2

**Avoid shaking
hands**



Use the elbow bump or
wave as an alternate greeting.

3

Cover your Cough or Sneeze



Sneeze or cough into your arm or a tissue
to reduce the spread of germs.