

# FREE Diabetes Class

On the Road to Wellness at  
Greater Mt. Nebo AME Church



**Wednesday, Nov 8, 2017**

**1:30 p.m. to 3:30 p.m.**

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**Greater Mt. Nebo AME  
1001 Old Mitchellville Rd  
Bowie, MD 20716**

**Church Contact Number:  
301-464-2787**

Even if you don't have diabetes, this is a great opportunity to learn tips on how to eat healthy and prevent diabetes.

**\*Light refreshments will be served**

**Learn How To  
Manage & Prevent Diabetes**  
Session Includes Free Lab Screening  
and Follow-up

**Call Today to Register!**

**301-856-9643**

TTY/STS Dial 711 for Maryland Relay

<http://www.princegeorgescountymd.gov/FormCenter/Health-Department-13/Diabetes-Class-Registration-Form-69>

*Register online here!*

