



*Prince George's County*

# 7<sup>th</sup> GREEN SUMMIT

annual

DEPARTMENT OF THE ENVIRONMENT

2021

P E T   S E R V I C E S



# PET FIRST AID TRAINING



[youtu.be/zGfg3V\\_pqsA](https://youtu.be/zGfg3V_pqsA)





# CAT AND DOG CPR





1

## Check for breathing and a heartbeat

Check to see if the pet is breathing and check for a heartbeat. If you do not see your pet's chest moving and cannot find a heartbeat, begin CPR with chest compressions.



# Give chest compressions

Place your hands on your pet as follows:

- For cats, small dogs and deep chested dogs, place the heel of one of your hands directly over the pet's heart and place your other hand directly over the first hand.
- For deep chested dogs, place the heel of one hand over the widest part of the chest and place your other hand directly over the first hand.
- For barrel chested dogs, place the dog on its back, place one hand over the widest part of the sternum, and place your other hand directly over the first hand. Lock your elbows and make sure your shoulders are directly above your hands.

Then, push hard and push fast at a rate of 100-120 compressions per minute, compressing 1/3 to 1/2 the width of your pet's chest. Make sure the chest comes back fully (recoils) before compressing again.

Perform 30 chest compressions

2



3

## Then give rescue breaths

To give rescue breaths, gently close the pet's mouth and extend the pet's neck to open the airway. Cover your pet's nose with your mouth and exhale until you see the pet's chest rise. Give a second rescue breath.



4

## Continue CPR

Continue giving CPR with a cycle of 30 chest compressions and 2 rescue breaths until your dog or cat begins breathing again on its own.



5

## Check again for breathing and a heartbeat

Briefly check for breathing and a heartbeat every 2 minutes.





6

## Get help

Continue CPR until you reach a veterinary hospital.

To learn more and register for this online course, visit [www.redcross.org/catdogfirstaid](http://www.redcross.org/catdogfirstaid).



# Saving Your Pet With CPR

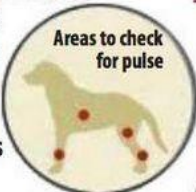
If there is no breathing and no pulse, begin CPR immediately.

**1 Check for breathing & pulse**  
Check for pulse using middle and index finger below wrist, inner thigh, below the ankle or where left elbow touches the chest.

**2 Look for other warning signs**  
• Gums and lips will appear gray  
• Pupils will be dilated

**3 If no pulse, start compressions**  
Lay animal on right side and place hands over ribs where its elbow touches the chest. Begin compressions.  
**Do not give compressions if dog has a pulse.**

**4 If not breathing, give mouth-to-mouth**  
**Cats & small dogs:** place your mouth over nose and mouth, blow air in.  
**Medium-large dogs:** place your mouth over nose, blow air in.



Pupils

Gums



### Repeat Procedure

- Check pulse after 1 minute and then every few minutes
- Continue giving CPR until animal has a pulse or is breathing
- Stop CPR after 20 minutes

Animal Size	Compress Chest	Compressions per breath
Under 30 lbs.	1/2 - 1 inch	5
30-90 lbs.	1 - 3 inches	5
Over 90 lbs.	1 - 3 inches	10

Diagram Source:  
American Red Cross