Body Mass Index Chart

Height	Weight	
	Normal BMI(<30)	Abnormal BMI(30+)
4'10"	142 lb or less	143 lb or more
4'11"	147 lb or less	148 lb or more
5'0"	152 lb or less	153 lb or more
5'1"	157 lb or less	158 lb or more
5'2"	163 lb or less	164 lb or more
5'3"	168 lb or less	169 lb or more
5'4"	173 lb or less	174 lb or more
5'5"	179 lb or less	180 lb or more
5'6"	185 lb or less	186 lb or more
5'7"	190 lb or less	191 lb or more
5'8"	196 lb or less	197 lb or more
5'9"	202 lb or less	203 lb or more
5'10"	208 lb or less	209 lb or more
5'11"	214 lb or less	215 lb or more
6'0"	220 lb or less	221 lb or more
6'1"	226 lb or less	227 lb or more
6'2"	232 lb or less	233 lb or more
6'3"	239 lb or less	240 lb or more
6'4"	245 lb or less	246 lb or more

****Clinical judgment will be used when evaluating Body Mass Index****

- If male waist girth is less than 41 inches and BMI greater than 29 is considered normal (Measurement at beltline)
- If female waist girth is less than 36 inches and BMI greater than 30 is considered normal (Measurement at level of navel)