

Thank You for Participating!



Thank you for joining us in the *HealthTrails* challenge. We hope you enjoyed some healthy competition, learned positive lifestyle behaviors, and were inspired to keep moving toward better health. Look at what we were able to accomplish together in four weeks:

- Total registered participants: **391**
- Total mobile users: **191**
- Total official teams: **26**
- Total miles earned: **40,846.3**
- Total gratitude logged: **3,825 gratitude actions**
- Total produce servings logged: **15,226 servings**

And the Winners Are...

Individuals

- **1st Place:** Apple Watch ~ Erv Beckert ~ Public Works and Transportation
- **2nd Place:** Nutri Ninja Bullet ~ Jennifer Passero ~ Police Department
- **3rd Place:** Sonicare electric toothbrush ~ Charles Griffith ~ Public Works and Transportation

Team

- 1st Place: **DPWT Health is Wealth** (Azwan Khalid, Erv Beckert, Stephanie Walder, Charles Griffith, Edilberto Garcia, Lavinia Baxter, Paul Curling and James Ratliff) ~ \$50 Nike Gift Cards

20 Randomly Selected Participants

Each randomly selected participant will receive a [WellBox](#) full of things curated to inspire wellness.

- Cynthia Bridgford: State's Attorney's Office
- Sherlene Hart: Health Department
- Alexandra Granados: Police Department
- Melissa Shroul Hart: Department of Corrections
- Nicole Rice: Office of Law
- Debbie Adams: Health Department
- April Womack: Office of Law
- Candice Edwards: Circuit Court
- Dawn McRae: Office of Information Technology
- Willie Clements: Department of Corrections
- Tiffany Harkless: Office of the County Executive
- Tiffany Green: Fire and Emergency Medical Services Department
- Dawn Matthews: Health Department

- Tatiana Ayres-Beezer: Office of Central Services
- Alecia Creighton: Department of Corrections
- Ada Newman: Office of Human Resources Management
- Lisa Smith: Office of the Sheriff
- Trisha Woods: Office of Law
- Amber Hendricks: Office of Management and Budget
- Kimmy Kearse: Office of Finance

Congratulations to all of the winners! We encourage everyone to continue to set healthy goals and enjoy your journey. Thank you for participating!

Stay tuned for the next Employee Wellness Challenge!

If you have additional questions, please contact LevelUp@co.pg.md.us.

Office of Human Resources Management
Level Up – Employee Wellness Program
1400 McCormick Drive, Suite 245
Largo, MD 20774
LevelUp@co.pg.md.us

