

# TALKING TO YOUR SCHOOL-AGED CHILD ABOUT CORONAVIRUS

#PGCCOVID19



## STAY CALM AND REASSURING

- Children will follow your lead about how to react and how anxious they should be.
- If everyone in your home is well, reassure them that they and your family are fine.
- If someone in your family is sick, remind them that doctors are working to make them get well, even if it means that they can't visit them or speak with them right now.
- Remind them that there are lots of adults working to take care of people who are sick and to protect people who are healthy.



Learn more: [health.mypgc.us/COVIDResources](https://health.mypgc.us/COVIDResources)