

# TALKING TO YOUR SCHOOL-AGED CHILD ABOUT CORONAVIRUS

#PGCCOVID19



## LISTEN AND BE AVAILABLE

- Let them know that you love them and will take care of them (“I know this feels scary. I will take care of you.”)
- Give them extra affection.
- Pay attention to signs of anxiety such as being extra cranky, needing more attention or acting babyish.
- Remind them they can always ask you questions or tell you their feelings.