

KEEPING CHILDREN SAFE DURING COVID - 19



Things you can do to help prevent child abuse and neglect while social distancing

Help Parents Reduce Stress

Some parents may be under a lot of stress during these times. **Communicate** with them often and be sure to **show support** when listening to their struggles.



Find Different Ways to Connect

Go virtual, many social media and video conferencing apps allow family members and friends to check-in with parents and children.

Make a phone call to check on the well-being of the child, or **practice social distancing** when visiting.



Exploring Resources

Asking for help isn't always easy and parents may need help finding additional resources during these times. Parents may apply for additional resources at **mydhrbenefits.dhr.state.md.us**



How to Report

Knowing the signs of child abuse and neglect is a responsibility for all adults. When you notice suspicious behaviors between a child and a parent, it is important to report it by calling **301-909-2450**. **RECOGNIZE. REACT. REPORT!**



Source: Kros Learning Group

To learn about the signs of child abuse and neglect, visit
www.pgcsafekids.org