KEEPING CHILDREN SAFE DURING COVID - 19
Things you can do to help prevent child abuse and neglect while social distancing

Help Parents Reduce Stress
Some parents may be under a lot of stress during these times. Communicate with them often and be sure to show support when listening to their struggles.

Find Different Ways to Connect
Go virtual, many social media and video conferencing apps allow family members and friends to check-in with parents and children. Make a phone call to check on the well-being of the child, or practice social distancing when visiting.

Exploring Resources
Asking for help isn't always easy and parents may need help finding additional resources during these times. Parents may apply for additional resources at mydhrbenefits.dhr.state.md.us

How to Report
Knowing the signs of child abuse and neglect is a responsibility for all adults. When you notice suspicious behaviors between a child and a parent, it is important to report it by calling 301-909-2450. RECOGNIZE. REACT. REPORT!

Source: Kros Learning Group

To learn about the signs of child abuse and neglect, visit www.pgc safekids.org