How to Make a Homemade Face Covering

Bandana Face Covering

1. Fold a bandana square in half from corner-to-corner to make a triangle.
2. Hold the triangle bandana by the corners and place it over your nose and mouth.
3. Tie the bandana behind your ears to secure it on your face and adjust to fit.

Homemade Face Covering

For this type of face covering you can use a scarf, bandana or t-shirt. You will also need rubber bands or hair ties to secure the face covering.

1. Fold the cloth material from the top down and the bottom up to make a thin long square.
2. Thread your rubber bands/hair ties through the cloth material as shown in the illustration.
3. Fold the square from the sides over top of the rubber bands/hair ties and tuck the open ends to secure the rubber bands/hair ties.
4. Place over your mouth and nose and put the rubber bands/hair ties over your ears to secure the face covering and adjust to fit.