

COVID19 CORONAVIRUS

HOW TO WEAR A CLOTH FACE COVERING?

Cloth face coverings fashioned from household items or made at home from common materials at low cost can be used to slow down the spread of COVID-19

CLOTH FACE COVERINGS MUST:



- 1 Fit snugly against the side of the face
- 2 Be secured with ties or ear loops
- 3 Include multiple layers of fabric
- 4 Allow for breathing without restriction

WHEN IS IT RECOMMENDED TO WEAR THEM?



In public settings where other social distancing measures are difficult to maintain like grocery stores and pharmacies

WHAT DO WE NEED TO REMEMBER?



Cloth face coverings should not be placed on young children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the mask without assistance.

It does not replace the need for keeping social distance

WHAT ELSE SHOULD WE CONSIDER?



- 1 Cloth should be routinely washed
- 2 Sterilize/ clean using machine washing
- 3 When removing avoid touching eyes, nose, and mouth
- 4 Wash hands immediately after

**BY DOING OUR PART, WE HELP TO PROMOTE
HEALTHIER COMMUNITIES**