



# Children at Home During COVID-19 (Coronavirus)

Having preschool-aged and school-aged children home without access to physical daycares, classrooms, libraries, and friends with whom they can play can be challenging for parents and children alike. Below are some ways to keep you and your child supported, engaged, and entertained while home for extended periods:

## Visit the (virtual) Library!

Prince George's County Memorial Library System (PGCMLS):

- Take a tour of a zoo
- Join a yoga class
- Listen to a story
- Join a Friday crafternoon

Visit <https://pgcmls.info/virtual-events>



## Join a Read-Aloud!



Take breaks throughout the day to read to and with your child.

- PGCMLS Virtual Read-Aloud (<https://pgcmls.info/virtual-events>)
- Dolly Parton's Good Night With Dolly Read-Aloud (YouTube)
- Stories, Songs and Stretches with Katie Scherer (YouTube)



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## Play Games!

- Charades or board games
- Card games such as Go Fish!, Snap!, Speed, and Cheat
- I Spy and Hide-and-Go-Seek around your home

## Virtual Play Dates!

Using your phone and video apps like Zoom.

## Cook and Bake Together!

Now is a great time to have your child share in meal and snack preparation.

## Listen to Podcasts!

There are a number of kid-friendly podcasts available online.

For resources on COVID-19, visit: [health.mypgc.us/coronavirus](http://health.mypgc.us/coronavirus)