Stay home if you are sick, but do NOT postpone dialysis treatments.

Your health care team will work with you if you are unable to come to the dialysis facility due to illness, just call them as soon as possible to make alternate arrangements.

If you do not feel well, call your dialysis facility before going to your appointment to discuss your symptoms.

Calling ahead will help the facility identify high-risk patients so it can make appropriate preparations for when you arrive.

It is also important to call a medical provider to report any symptoms you are experiencing.

Facilities should have space in waiting areas for ill patients to sit separated from other patients by at least 6 feet. If you are not sick, you might opt to wait in a personal vehicle or outside the facility and receive a call when it is your turn to be seen.

Some general tips include:

- Practice social distancing (stay home as much as possible, avoid crowds, stay at least six feet away from others)
- Wash hands frequently using soap and water
- Do not use public transportation unless absolutely necessary

Sources: Centers for Disease Control and Prevention (cdc.gov); Centers for Medicare & Medicaid Services (cms.gov); American Society of Nephrology (asn-online.org)

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