

PGSPN PRINCE GEORGE'S Senior Provider Network

COMMUNITY / RESOURCES / COLLABORATION / EDUCATION



2020

PRINCE GEORGE'S COUNTY SENIOR RESOURCE GUIDE

INSIDE

Aging In Place and Senior Resources
Professional & Government Resources

For more information visit www.pgspn.org

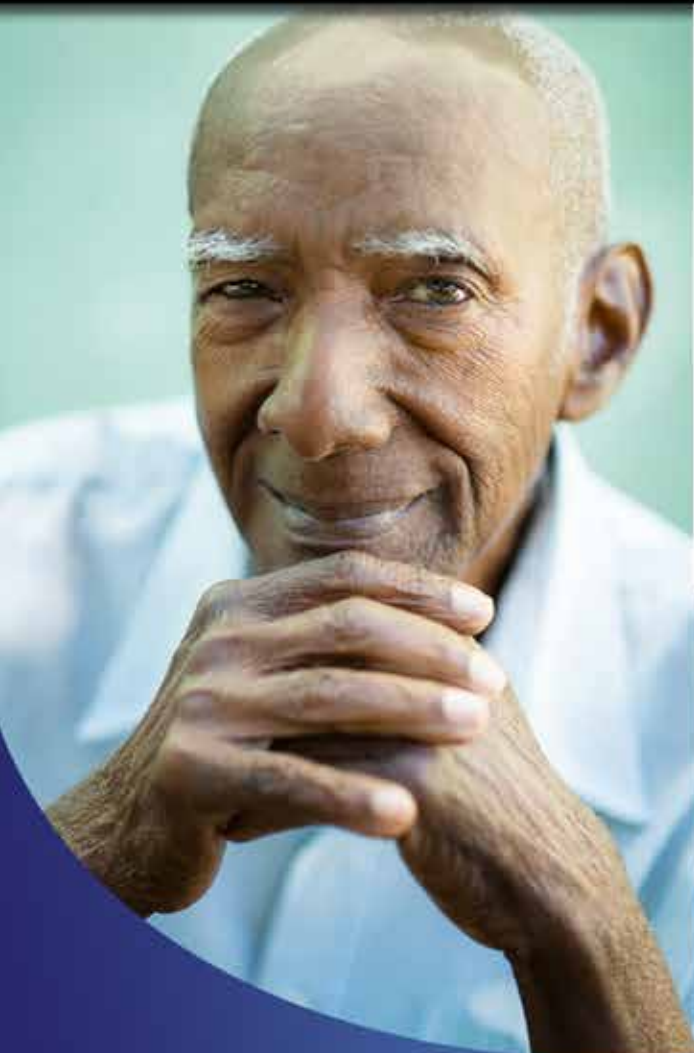


Prince George's County Department of Family Services Aging and Disability Resource Center

6420 Allentown Road | Camp Springs, MD 20748



301-265-8450 | Maryland Relay 711 | FamilyServices.mypgc.us



The Prince George's County Aging and Disability Resource Center (ADRC) assists older adults, individuals with disabilities and family members with navigating long-term care services and support systems.

The ADRC also provides information, assistance, referrals, and options counseling to empower people to make informed decisions about accessing public and private programs that enhance their quality of life.





**MAKE SURE
YOU'RE
COUNTED!**

Complete the 2020 census by phone, online, or mail. Your household will receive an invitation as early as March 2020.



Proud **TO BE
COUNTED**

Your participation is worth

\$18,250

PGCensus2020.org

PGCensus2020@mncppc.org
Call 311 for more information



CHANGE the way you age!

Live more, play more at M-NCPPC parks and recreation facilities throughout Prince George's County!

SENIOR ACTIVITY CENTERS

Camp Springs Senior Activity Center
6420 Allentown Rd., Camp Springs, MD 20748
301-449-0490; TTY 301-699-2544

Gwendolyn Britt Senior Activity Center
4009 Wallace Rd., North Brentwood, MD 20722
301-699-1238; TTY 301-699-2544

Langley Park Senior Activity Center
1500 Merrimac Dr., Hyattsville, MD 20783
301-408-4343; TTY 301-699-2544

Evelyn Cole Senior Activity Center
5720 Addison Rd., Seat Pleasant, MD 20743
301-386-5525; TTY 301-699-2544

John E. Howard Senior Activity Center
4400 Shell St., Capitol Heights, MD 20743
301-735-2400; TTY 301-699-2544

Laurel-Beltsville Senior Activity Center
7120 Contee Rd., Laurel, MD 20707
301-206-3350; TTY 301-699-2544

COMMUNITY CENTER/FITNESS ROOM ID CARDS FOR PRINCE GEORGE'S COUNTY SENIORS 60 & BETTER



Sign up for a FREE PARKS DIRECT account at any M-NCPPC community center in Prince George's County to get your FREE Community Center/Fitness Room ID card. These ID cards are valid for use at all M-NCPPC community centers and senior activity centers in Prince George's County. To find out where the 40+ community centers are located, to learn more about opening a PARKS DIRECT account, and to get information about ID cards and Fitness Room cards, visit www.pgparcs.com or call the Customer Service Help Desk at 301-699-CALL (2255); TTY 301-699-2544.



live more, play more
pgparcs.com