Addiction Treatment
Building Stronger Lives Together
HealthyPrinceGeorges.org
At the Prince George's County Health Department, you don't have to fight the battle of substance misuse alone.

Can you answer yes for any of the following:

For Adults:
- Poor work performance, being chronically late to work, appearing tired and disinterested in work duties, and receiving poor performance reviews
- Changes in physical appearance, such as wearing inappropriate or dirty clothing and a lack of interest in grooming
- Altered behavior, such as an increased desire for privacy
- Drastic changes in relationships
- A noticeable lack of energy when performing daily activities
- Spending more money than usual or requesting to borrow money
- Issues with financial management, such as not paying bills on time
- Changes in appetite, such as a decreased appetite and associated weight loss
- Bloodshot eyes, poor skin tone, and appearing tired or run down
- Defensiveness when asked about substance use

For Adolescents:
- Difficulties at school, disinterest in school-related activities, and declining grades
- A change in peer group
- Carelessness with grooming
- Decline in academic performance
- Missing classes or skipping school
- Loss of interest in favorite activities
- Changes in eating or sleeping habits
- Deteriorating relationships with family members and friends

WE CAN HELP
FREE 24/7
MARYLAND HOTLINE: 800-422-0009 or 211
CRISIS TEXT LINE: TEXT MD to 741741
GENERAL INFORMATION: 301-856-9500
www.pgchealthzone.org/treatment