Session 5 Recipe



Snack Recipe 4

Fruit Crunch

Ingredients:

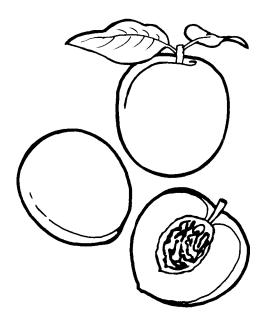
4 canned peach slices 1 granola bar (low-fat)

Bowl

Spoon

Directions:

- 1. Open can and spoon out 4 peach slices.
- 2. Crumble granola bar over peach slices.
- 3. Taste this new snack food combination.



Explain what you liked about this snack:	
Will you try to make thi	s again at home?
Yes	
No	Why not?