



PRINCE GEORGE'S COUNTY POLICE
Applicant Physical Requirement Test
(APRT)



NAME (LAST): _____ (FIRST): _____ SEX: _____ RACE: _____

AGE: _____ HEIGHT: _____ WEIGHT: _____ D.O.B. _____
 MM DD YY

CONTACT PHONE #: _____ E-MAIL ADDRESS: _____

Minimum Scores for Police Applicant

EVENT	SCORE/COMPLETED	INITIALS
1. Vertical Jump – 14.8 in or more	INCHES	
2. 300 Meter Sprint – 78 seconds or less	SECONDS	
3. Push Ups – 15 or more		
4. 1.5 Mile Run – 17:30 minutes or less		
5. Trigger Pull – 6 with each hand	LH: RH:	

_____ **PASS** _____ **FAIL**

Note: Applicants that reach the level of an official background investigation, for the Academy, **must take and pass the APRT a second time!**

APPLICANT SIGNATURE: _____ DATE: _____

INSTRUCTOR NAME (PRINT): _____

INSTRUCTOR SIGNATURE: _____

REMARKS... _____