Join Us for Our Tele-Town Hall and Mental Health Webinars This Thursday, May 7

Dear Prince Georgians:

I wanted to reach out to quickly remind you about our Tele-Town Hall this Thursday, May 7 at 6:30 PM. If you have already registered, you will receive an automated call on May 7 at 6:30 PM with instructions on how to join the Tele-Town Hall. You will also receive an automated call tomorrow, May 6 with a reminder about the Tele-Town Hall. If you would like to register, or submit your questions or concerns, please click here.

If you would rather listen to the Tele-Town Hall on your TV instead of your phone, we will stream a live broadcast of the audio through Prince George's Community Television (CTV). This live broadcast is available on CTV Channels 70 and 76 (Verizon Fios 41 and 42) and will begin at 6:30 PM.
We are also excited to announce that we are hosting a series of mental health mini-webinars throughout the month of May, in recognition of National Mental Health Awareness Month. These sessions will cover a variety of topics and will be held every Thursday throughout the month of May. All members of our community are welcome to join.

The first mini-webinars will be held this Thursday, May 7 at 11:00 AM and 1:00 PM. In addition, I will host a community meeting for Mental Health Awareness Month next Thursday, May 14 at 12:00 PM. A full schedule of sessions is provided in our graphic below. All of these mini-webinars will be held via Zoom, accessible at https://bit.ly/MentalHealthWebinars.

We remain committed to providing you with the latest updates and resources throughout this pandemic, and I hope you will join us for our Tele-Town Hall this week and for a number of our mental health mini-webinars throughout the month.

Yours in service,

Angela Alsobrooks
Prince George's County Executive
Mental Health Awareness Month Webinars

In recognition of National Mental Health Awareness Month, the County Executive's Health and Human Services team is hosting a series of virtual mental health mini-webinars. Sessions will be held every Thursday throughout the month of May and are open to the entire community.

May 7th  11:00 am:  Students' Emotional Health amidst COVID-19  
           1:00 pm:  Mental Health and Domestic Violence

May 14th 11:00 am:  Managing Stress and Staying Connected During COVID-19
                   12:00 pm: County Executive Angela Alsobrooks Hosts Community Meeting for Mental Health Awareness Month

May 21st  10:00 am:  Emotional Self-Care for First Responders  
                     12:00 pm: Youth Wellness and Coping

May 28th  11:00 am:  Grief and Vicarious [Indirect] Trauma  
                     12:00 pm: Early Childhood and Social Emotional Health

Zoom Link:  https://bit.ly/MentalHealthWebinars
Email:  mentalhealth@co.pg.md.us

We look forward to you joining us throughout the month of May as we continue to build a Healthy and Well Prince George's.

Angela D. Alsobrooks
County Executive

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