

Prince George's Healthcare Action Coalition Chronic Disease Work Group



Meets once each month by Conference Call

Co-Chairs are Luigi LeBlanc (Director of Technology, Zane Networks, LLC) and John O'Brien (Chief Operations Officer and President, Dimensions Care - Prince George's County Hospital Center)

The Chronic Disease Work Group operates under Priority 2 of the Local Health Action Plan for 2011-2014 in Prince George's County, to *"prevent and control chronic disease in Prince George's County, particularly among minorities."* As such, the Work Group has selected the following County Outcome Objective to work towards achieving each year:

- (1) Increase the proportion of adults who are at a healthy weight by five percent (5%)
- (2) Reduce the proportion of children and adolescents who are considered obese by five percent (5%)

The work group's primary strategy for 2014 from the Local Health Action Plan, 2011-2014 is to *"explore innovative ways to increase opportunities for physical and recreational activity in communities, schools and workplaces."* The Chronic Disease Work Group's 2014 goals are:

- (1) Walking with the Board of Education event in May 2014
- (2) Prince George's County Let's Move Campaign event in September 2014
- (3) Long Term Goal - Develop a physical fitness assessment software for Prince George's County Public Schools (PGCPS)

In order to promote physical fitness and activity among Prince George's County residents in 2014- especially children- the Chronic Disease Work Group is planning two events. First, the Walk with the PGCPS Board of Education will take place in May. Next, the Let's Move Walk event will take place in September in coincidence with First Lady Michelle Obama's nationwide Let's Move Campaign. The event will be renamed for the Prince George's County community and will be promoted with special guests and activities.

A long term project for the Chronic Disease Work Group will be to develop software that will be used by PGCPS to assess physical fitness and physical activity levels in children. The software will measure and track Body Mass Indexes of students periodically throughout the year and will be incorporated into the SchoolMax Student Information System. Currently, the Work Group has produced a White Paper to describe the project and its funding needs for software development and later implementation.