



Prince George's County
**Health Services
 For Women**



Jack B. Johnson
 County Executive



**For
 Pregnant
 Women
 and
 Women
 with
 Children**

Children and Parents Program (CAP) | 301-324-2872

This program offers comprehensive addiction, mental health, rehabilitative and case management services to adult women, including pregnant women and women with children. Services include:

- ✚ Intensive outpatient counseling, active outreach, on-site supervision of client's preschool-aged children, assistance with transportation to/from program, psychosocial rehabilitation and referral to health care services and residential treatment

Dental Health Services | 301-583-5900

General dental services are available to maternity patients who are referred from the Health Department's Maternal Health and Family Planning Program, and to children ages 1 year old to 18, and other uninsured adults. Services include:

- ✚ Comprehensive dental treatment with an emphasis on prevention and early intervention
- ✚ Referrals for specialty care
- ✚ Case management services to assist Maryland Healthy Smiles Dental Program enrollees in finding a dentist and making dental appointments

Healthy Start Program | 301-883-7230

Case management services are provided to pregnant women at risk of poor birth outcomes related to psychosocial and behavioral risk factors, and at-risk children up to age 2 years. Telephone and home visiting services include:

- ✚ Counseling, parenting information and referrals to other health services

Medical Assistance (MA) for Families, Pregnant Women and Children and the Maryland Children's Health Program (MCHP) | 1-888-561-4049

MCHP is a health insurance program that provides free and low-cost health care to children (under age 19) and pregnant women in families with low to average incomes. Income before taxes and other deductions is counted, and the qualifying income amount changes yearly. Covered services include:

- ✚ In-patient hospital care, medical doctor visits, lab tests, dental care, eye care, medicines and immunizations

The children of mothers not eligible for free health care services through MCHP may qualify for the MCHP Premium where clients pay a low monthly premium to purchase health care coverage.

Maternal Health and Family Planning Program | 1-888-561-4049

This program provides comprehensive risk-appropriate prenatal care and reproductive health services to uninsured and underinsured women. Services include:

- ✚ Pregnancy testing, pre- and postnatal care, hospital delivery arrangements, referral to English/Spanish childbirth classes, family planning and emergency contraception, nutrition counseling, cervical cancer screening, HIV counseling and testing, abnormal Pap test follow-up
- ✚ Counseling to women during pregnancy
- ✚ Referral services to the Maryland Children's Health Program (MCHP), WIC and the Healthy Start Programs

Regional Access Center (RAC) | 1-888-561-4049

The RAC assists pregnant women and their children complete the Maryland Children's Health Program (MCHP) application. Services include:

- ✚ Comprehensive psychosocial assessments
- ✚ Referrals to the Healthy Start Program other community resources
- ✚ On-site certification for WIC supplemental food program
- ✚ Maryland HealthChoice Program education and assistance

For At-Risk New Mothers and Their Infants	Infant at Risk Program 301-618-2464 This is a hospital-based intervention service, achieved through a bedside visit with mothers and infants up to age 1 at Prince George’s Hospital Center or by telephone intake. Special focus is placed on inter-agency coordination of services to high-risk mothers and infants, especially maternal substance abusers, HIV-positive women and infants, premature infants, pregnant and parenting teens. Services include: Nursing visits in the hospital and home to provide a comprehensive needs assessment, short-term intervention, teaching and referrals to appropriate community resources
	Medical Social Work Program 301-321-2805 Services are provided to women served by the Healthy Start, Maternal Health and Family Planning Program and the Healthy Teens Center to help alleviate psychosocial conditions known to contribute to poor health outcomes including infant mortality and low birth weight. Licensed social workers assist clients in eliminating behaviors and attitudes that present a health or social risk to clients and their children. Services include: <ul style="list-style-type: none"> ✦ Assessment, individual and group counseling, care coordination and referrals
	Women, Infants and Children (WIC) Program 301-856-9600 WIC provides nutrition education, breast feeding education and support, and supplemental foods to low-income pregnant, breast feeding and postpartum women. and children ages birth to 5 who are at nutritional risk.
For Female Teens	Healthy Teens Center 301-324-5141 Services are offered to young women ages 10 to 24 at the Healthy Teens Center to prevent pregnancy and sexually transmitted diseases, including: <ul style="list-style-type: none"> ✦ Comprehensive reproductive health services ✦ Education and counseling services that promote cooperative relationships, good nutrition and healthy behaviors
	Youth and Community Services Program (YCSP) 301-883-3514 The YCSP provides outpatient substance abuse treatment services to adolescent female County residents between ages 11 and 18. Parental involvement in the program is strongly recommended. Services include: <ul style="list-style-type: none"> ✦ Substance abuse assessments and referrals; crisis counseling; individual, family and group counseling; urinalysis and breathalyzer testing
For Women and Their Families	Adult Health Program 301-883-3526 <ul style="list-style-type: none"> ✦ Diabetes education classes and support groups offered on a routine basis
	Breast and Cervical Cancer Program (BCCP) 301-883-3525 Breast and cervical cancer screening and diagnosis, including mammography and breast cancer support groups for women 40 and over who meet certain financial criteria.
	Cancer Prevention, Education, Screening and Treatment Program (CPEST) 301-883-3524 <ul style="list-style-type: none"> ✦ Colorectal cancer screening for county residents over 50 who meet certain financial criteria.
	Epidemiology STD 301-583-3150 HIV 301-583-7752 TB 301-583-3110 CDC 301-583-3750 <ul style="list-style-type: none"> ✦ HIV counseling and testing, and sexually transmitted disease (STD) exams and treatment for any age (parental consent not required); HIV care for adults only (adolescents referred to Children’s Hospital); Tuberculosis and other Communicable Disease Control services for any age (parental consent required)
	Healthline 1-888-561-4049 Healthline is a toll-free telephone information and referral service for those seeking information on programs that serve the needs of women, children and families, such as the Maryland Children’s Health Program, Maryland Medicaid and HealthChoice state-sponsored insurance. Services include: <ul style="list-style-type: none"> ✦ Assistance in locating medical and social services with community prenatal, preventive and other specialty health care service providers ✦ Referrals to low-cost health care clinics; Follow-up phone calls to HealthChoice enrollees to educate them about the system/assure they receive all services to which they are entitled
	Healthy Women/Healthy Lives 301-583-3340 This program is for women of childbearing age to ensure their health and well being during the reproductive period of life and optimum health prior to pregnancy. It benefits all women, especially those with chronic health conditions such as hypertension, diabetes or anemia which contribute to a high-risk pregnancy. The goal is to minimize complications for mother and infant and to reduce infant mortality. Services include: Family planning examination; cholesterol, diabetes and high blood pressure screenings; nutritional counseling; folic acid supplements; referral to other health services.