

10 Tips

to Improve Air Quality, Protect Public Health and the Environment



- 1 Sign up to receive AirAlerts to see if tomorrow's air quality forecast is going to be unhealthy.
- 2 Avoid using gas-powered lawn and garden equipment. Postpone cutting grass on poor air quality days or use an electric mower instead.
- 3 Commit to leaving your vehicle parked for at least one day each week.
- 4 Telework! Do your business by phone or over the Internet.
- 5 Make your commute a clean commute. Use public transportation or carpool, walk or bike to work instead of driving alone to work each day.
- 6 Avoid idling your engine. Turning off your vehicle when you're stopped for more than 30 seconds can prevent 1,200 pounds of carbon dioxide pollution from entering the air.
- 7 Encourage your employer to create a workplace green team by visiting www.energystar.gov/work.
- 8 Conserve at home. Use a programmable thermostat, plug electronics into a power strip and choose ENERGY STAR products.
- 9 Talk to your kids' school to request Clean Air Partners "On the Air" curriculum.
- 10 Take the Clean Air Pledge. Commit to simple steps to improve air quality and reduce our region's impact on climate change.