



## **FAMILY "EMERGENCY SUPPLY KIT"**



Emergency Kits should have enough supplies to last three days. Your kit should contain food, water and other supplies in efficient quantity to help you and your families survive. If your home is not equipped with an emergency kit, please take the time to put one together.

Your Kit should include some of these basis items:

- ✓ **Water**
  - One gallon of water per person per day for three days, stored in plastic containers
- ✓ **Food**
  - Package ready to eat foods that require no refrigeration or cooking.
    - Dry cereal
    - Nuts
    - Crackers
    - Canned meat, fruit, juice and vegetables
    - Non-perishable milk
    - Energy or protein bars
    - Peanut butter
    - Comfort Foods
    - Dried Fruits
    - Infant Foods/Formula
    - Foods for Adults with Special diets
    - Cookies
    - Candy
  - (Don't forget the can opener and eating utensils)
- ✓ **NOAA Weather Radio** (battery powered or hand cranked/extra batteries)
- ✓ **First Aid Kit** (Essential medicines and prescription medications/eyeglasses)
- ✓ **Cell phone** (with solar charger)
- ✓ **Flashlight** (extra batteries)
- ✓ **Tool Kit**
- ✓ **Bathroom Supplies** (sanitation needs, hygiene items, diapers, trash bags, towelettes)
- ✓ **Cash** (travelers checks, bills and coins)
- ✓ **Clothing, Shoes and Bedding**
- ✓ **Pet Needs** (food, extra water, carriers, leashes, vaccination papers, medicine, sanitation supplies, and familiar items).
- ✓ **Family Documentation** (Insurance papers, identification cards, bank and auto records)
- ✓ **Fire Extinguisher**
- ✓ **Activities for Children** (games, puzzles, books, toys, coloring books, crayons paper, pencils)

